

# BERGMAN

B E A U T Y C A R E

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## COUTURE FACIALS



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The Bergman facial is a two-hour treatment which involves a 7-step process, with masks, scalp, back, neck and shoulder massages and a unique ingredient called Beta-Glucan to stimulate the body's immune system. Shenaz also incorporates Cosmolight therapy - a treatment which uses infra-red light to aid relaxation and encourage skin regeneration. Perfect for dull skin which needs a winter glow. Costs £150, contact [www.thefaceandbodyclinic.co.uk](http://www.thefaceandbodyclinic.co.uk)